

Join our Medical Supply Drive for Haiti

United Way of the National Capital Area, ****Christian Relief Services and Interstate Relocation Services** are joining forces to bring relief and hope to those suffering in Haiti – **and you can help!**

We are collecting medical-based supplies to help relieve the suffering of those in need – and we cannot do it without your assistance.

Please drop off your donations in the designated bin in your offices. The items will be picked up by Interstate, dropped off at Christian Relief's warehouse in Fredericksburg, Virginia, transported to Florida and then shipped to the *Fondation pour les Enfants d'Haiti*, (a Haitian NGO with a hospital and orphanage near Port-au-Prince -- www.usfch.org) as soon as possible.



Photo credit: Flickr: Photo: Talia Frenkel
American Red Cross

Here's a great way to make a very tangible difference in the lives of individuals you may never meet, but who need your help today!
Collection dates: January 25 – February 28, 2010.

A list of needed items is below:

Baby formula (soy based)	Medical masks	Portable generators	Over-the-counter pain killer medication
Disposable diapers	Cotton balls, swabs	Hand held radios (walkie talkies) with batteries	Antibiotic ointment
Flashlights & batteries	Dressing gauze	New disposable sheets and hospital gowns	Over-the-counter medication for high blood pressure
Hemostats	Ace and regular Bandages/ Slings/Splints	Plastic and medical gloves	Over-the-counter medication for diabetes
Antibiotic eye and ear drops	Medical tape	Hand sanitizer/Lysol	Over-the-counter medication for stomach ulcers
Lidocaine (local anesthetic)	Normal saline	Rubbing alcohol	Over-the-counter medication for asthma
Large garbage bags	Plaster and fiberglass cast kits	Betadine	Over-the-counter antibiotics -- oral



Thank you for caring!

www.unitedwaynca.org, www.christianrelief.org, www.InterstateWorldwide.com

****Christian Relief Services is one of United Way of the National Capital Area's nearly 1,000 partner charities.**